



BIPS NEWS



A Quarterly Newsletter of Baqai Institute of Pharmaceutical Sciences

Quote of the Quarter: "There is nothing impossible to him who will try" - Alexander the Great

Commencement of Postgraduate Online Classes

BIPS started online classes for postgraduate programs (M.Phil/Ph.D.). Initially, a dry run was conducted on July 22, 2020, under the supervision of Ms. Aisha Noreen (Senior Lecturer, Department of Pharmaceutical Chemistry, BIPS) and Dr. Muneeba Usmani (Lecturer, Department of Pharmaceutics, BIPS). The purpose of the dry run was to make the students aware about the use of MS Teams software. Regular online classes are being conducted for the students of both M. Phil. and Ph. D.



Prof Dr. Sheraz Participated in a Live Converging Session

Prof. Dr. Muhammad Ali Sheraz (Director, BIPS) participated in a live session on "Challenges to Virtual Learning in Higher Education Setup in Pakistan During COVID-19 and its Future Outlook". The live session was arranged by Mohammad Al-Mana College of Medical Sciences, Saudi Arabia on July 26, 2020. Dr. Nousheen Aslam was the moderator of the session while Mr. Raza Abbas (Capacity Development Advisor and Former Consultant to World Bank on Human Capital Development) and Dr. Farrukh Rafiq Ahmed (Assistant Professor & Student's Advisor, Faculty of Pharmacy and Pharmaceutical Sciences, UoK) were the other two guest speakers of the session.



QMC of BIPS Organized a Webinar on Skin Issues

Quality Management Cell (QMC) of BIPS in collaboration with ATCO Laboratories Pvt. Ltd. organized a webinar on July 31, 2020, for the fourth, final, and postgraduate students. The core objective behind arranging this seminar was to discuss the common skin problems as well as the impact of using sanitizers on skin. Prof. Dr. Atif Hasnain Kazmi (MBBS, BSc, MCPS, MD), who is a dermatologist, laser specialist and cosmetologist was the speaker of the session. He has more than 40 years of experience in the field of dermatology and cosmetology. At the end of the webinar, the consultant answered various questions and queries of the students and faculty members regarding skin issues.



Two of the Faculty Members Successfully Defended Their Theses

Dr. Hira Naeem (Lecturer, Department of Pharmacology) has successfully defended her Ph.D. thesis on August 5, 2020. She did her Ph.D. in Pharmacology under the supervision of Prof. Dr. S.N.H. Naqvi. The topic of her research was "Treatment of Lumbar Spine Osteoarthritis (Low Back Pain) by Drugs, Physiotherapy, Enzymes and their Estimation in Human".



Dr. Mobeen Islam (Lecturer, Department of Pharmacognosy) defended her M.Phil. dissertation on September 21, 2020. She carried out her research work on "Phytochemical and Phytopharmacological studies of *Cymbopogon distans* and *Cymbopogon commutatus*" under the supervision of Prof. Dr. Shaukat Khalid from the Department of Pharmacognosy.

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Effective Communication Lecture by Dr. Sharonia Butt

Dr. Sharonia Butt (Lecturer, Department of Pharmaceutics) delivered an online lecture on “Effective Communication”. The Rotaract Club of Karachi Karsaz–RID 3271 arranged this webinar on August 9, for undergraduate and postgraduate students, and professionals of various fields. It was indeed a beneficial session that enabled the audience to break barriers and improve the communication skills that help them to build a successful career. Ms. Maryam Inayat (Batch 22, fourth-year Pharm. D. and President, Rotaract Club of Karachi Karsaz) moderated the session.

Flag Hoisting Ceremony and 14th August Celebration at BMU

BMU celebrated Independence Day on August 13th with full zest following social distancing SOPs. The celebrations this year were limited to avoid mass gathering and therefore, the students were not invited to the ceremony. The event was celebrated by delivering speeches and singing national songs. The Chancellor, Prof. Dr. Zahida Baqai, and Director Planning & Development, Dr. Shoaib Baqai, hoisted the flag along with senior faculty members of the university.



Renovation of Pharmacognosy Lab

The Pharmacognosy Lab of BIPS has been expanded and renovated. The expansion in the area has been done to provide the students with ample space to carry out the practical work. This renovation is a sequel to the ongoing infrastructural development of BIPS that has been started from last year under the new leadership of BIPS. The inauguration of the newly renovated lab was done by Dr. Shoaib Baqai, Director Planning and Development, BMU, on August 19, 2020.



Reopening of the University

BMU on the directives of NCOC, HEC, and CIEC has reopened for regular academic activities after the lockdown from September 15. The university has taken strict measures to make sure all SOPs regarding social distancing, sanitization and disinfection are being followed. No student is allowed to enter the university premises without wearing a mask. In the first phase, only the final year Pharm. D. students were called for the performance of practical. Similarly, the remaining batches will be called upon one-by-one to complete their lab courses. BIPS will continue the online teaching for theory courses in the upcoming semester. The students will only be called for lab courses and exams.



Dr. Zuneera Akram Delivered a CME Lecture at Patel Hospital

On the auspicious occasion of World Pharmacist Day, Patel hospital invited Dr. Zuneera Akram (Lecturer, Department of Pharmacology, BIPS) as the guest speaker to deliver a one-hour CME lecture on "Transforming Global Health" on September 18, 2020. The lecture aimed to provide knowledge regarding global health and the role of pharmacists in this pandemic situation to promote the patient's health. At the end of the CME, a memento was presented to her by Dr. Mazhar Shah (Chief Pharmacist of Patel hospital).



Prof. Dr. Syed Fazal Hussain Published a book "Sadat-e-Kosi"

Prof. Dr. Syed Fazal Hussain has recently published a new book named "Sadat-e-Kosi" that is based on the genealogy and family history of Syeds of Kosi. The book has been published by SH Publishers. His brother, Dr. Zaki Hussain is the coauthor of this book.

First International Virtual Conference on Innovation in Pharmacy

Dr. Zuneera Akram (Lecturer, Department of Pharmacology, BIPS) and Zuha Iqbal Sorathia (final year student, Batch 21, BIPS) moderated the first international virtual conference on "Innovation in Pharmacy" on September 18–19, 2020. The two-day conference was organized by an NGO named as Giving back to the Pharmacy in Pakistan. The conference was based on two parallel sessions (YouTube and Facebook) in which two keynote speakers and 30 presentations of 16 national and 14 international speakers were presented.

Employee of the Year



Mr. Zahid Hussain (Lab Assistant) BIPS has won the Employee of the Year Award for the Year 2019-2020. As per the policy, the employee who won the maximum Employee of the Month Awards is being selected as the Employee of the Year. Mr. Zahid during the last 12 months won the highest number of such awards and hence was selected as the Best Employee of BIPS. The Registrar BMU (Mr. Israr Ahmed Khan) and Director QEC (Col. Dr. Shahida Nagi) awarded the framed certificate and cash prize to Mr. Zahid Hussain.

Employee of the Month Award

JULY 2020

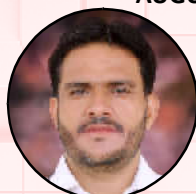


Mr. Sajjad Ali
Lab Technician



Mr. M. Azharuddin
Computer Operator

AUGUST 2020



Mr. Zahid Hussain
Lab Assistant



Mr. Imam Bux
GDS

SEPTEMBER 2020



Mr. Wazahat Hussain
Lab Assistant



Mr. Affan Ahmed
Lab Assistant

Final Certifying Exam of Postgraduate Students

The FCE for both M.Phil. and Ph.D. students was conducted on September 14, 2020. The FCE was comprised of written and viva voce examination, which was conducted by the external examiners from different universities along with the Heads of the respective Department of BIPS. The successful candidates will now submit their synopsis to the Ethics Committee of the university after approval of the synopsis from the Departmental Research and Review Committee.

Free Corona Testing Camp for the Faculty of BIPS

The university management arranged a free corona testing camp for all the faculty members of BIPS (both teaching and non-teaching staff). All faculty members were tested for blood antibodies against the coronavirus. Those who were found antibody positive were subjected to PCR testing for further confirmation of the infection. None of the faculty members was found to be PCR positive. This testing was performed as a part of the safety plan of Control, Command, and Coordination Cell (CCCC) of BMU before the arrival of students on campus for all faculty members of the university. The testing was performed by the Department of Pathology, BMC and Baqai Institute of Hematology.



Publications

1. Arif Sabah, Ali Shah, Sidra Tanwir, Adeel Arsalan, Aysha Malik, Iqbal Ahmad. Light transmission properties of pharmaceutical liquid bottles and evaluation of their photoprotective efficacy. *Pak J Pharm Sci.* 2020;33(2) (Suppl):877-885.
2. Kaneez Fatima, Shaukat Mahmud, Hina Yasin, Rana Asif, Kiran Qadeer, Iqbal Ahmad. Authentication of various commercially available crude drugs using different quality control testing parameters. *Pak J Pharm Sci.* 2020;33(4):1641-1657.
3. Hina Abrar, Adeel Arsalan, Hina Yasin, Syed Ijaz Hussain Zaidi, Sadaf Ibrahim, Kiran Qadeer, Hira Naeem, Kaneez Fatima, Hina Tabassum, Syed Naimul Hasan Naqvi. The novel effect of propranolol in glibenclamide induced hepatotoxicity. *Pak J Pharm Sci.* 2020;33(4) (Suppl):1871-1878.